



TRINITY
UNITED CHURCH
Smiths Falls, Ontario, Canada

First Sunday of Lent - A
February 26, 2023

"If you are the Son of God,..."

The Son of God *Matthew 4: 3b*

"If You are the Son of God ..." March 6, 2022

Welcome and Announcements

- † Trinity is Welcoming, Open, Inclusive and Accessible.
 - Trinity is an Affirming Congregation
- † Our building is open 9:00 am to 1:00 pm, Monday through Thursday

Smiths Falls Community Food Bank appreciates donations

Please pray for our **Children and Children's Programming**. In person Sunday School is the 2nd and last Sunday of the Month

The Christian Community Team would like to know if there are those willing and able to pick somebody up on the way to church.

Soaking Prayer is offered each Sunday following the Service

Social Time after church - sign up sheet for individuals and groups to take a turn posted in the Hall

<p>February 26 12:30, Drum Circle</p> <p>February 27, 1:00pm, Book Group 3:30pm, Confirmation Session</p> <p>February 28 Visitation 3:00pm, Belonging Project</p> <p>March 1 10:00am, Lenten Study</p> <p>March 2 4:30, Trustees</p>	<p>March 4 9:00am, EOORC Meeting</p> <p>March 5 10:30am, Annual Meeting</p> <p>March 6 9:30am, UCW - Gathering 10:00am, UCW Meeting 1:00pm, Book Group 3:30pm, Confirmation Session</p> <p>March 7 Visitation 2:00pm, Van Horne 3:00pm, Belonging Project</p>
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Annual Meeting, 5 March 2023, 10:20am

Annual Reports are available at the back of the church

Coming Up -

Pie Day Sunday - 12 March



July 17 - 21
Trinity
Smiths Falls

Introit "Solace" (Joplin)

Acknowledging Traditional Territory

Smiths Falls is located on the traditional territory of the Algonquin peoples dating back countless generations. We are grateful for our neighbours and recognize the opportunity to exercise the Ministry of Reconciliation

Call to Worship

O God, you are a hiding place for us;
you preserve us from trouble.

Let the faithful offer prayer and praise to God,
for in times of distress, God is with us.

The Lord will teach us the way we should go;
God's steadfast love always surrounds us.

So let us be glad in the Lord and rejoice in worship!
We will sing for joy with psalms of praise.

Opening Prayer

God, our Creator and Companion,

Your love is as fresh as the new day,
rising like the sun to guide us.

In Jesus Christ, you walk with us to challenge and encourage us,
revealing our weakness yet offering us hope.

We praise you for such gifts!

In this time of worship, open us to the new possibilities you create
for the world you love.

With the power of the Holy Spirit, energize us to embrace the future,
trusting in the grace of our Lord Jesus Christ.

Lenten Liturgy

Just as the Spirit drove Jesus into the wilderness,
the Spirit sends us into places of uncertainty.

In the wilderness are confronted
by our hunger and thirst.

We are tempted to grab at empty promises.

Like Jesus, we are tempted by power and prestige.

**Let us stand on the cliff edge
and, like Jesus, dare to trust.**

Hymn MV 79 "Spirit, Open My Heart"

Refrain -

*Spirit, open my heart to the joy and pain of living.
As you love may I love, in receiving and in giving,
Spirit, open my heart.*

God, replace my stony heart
with a heart that's kind and tender.
All my coldness and fear
to your grace I now surrender.

Refrain -

Write your love upon my heart
as my law, my goal, my story.

In each thought, word, and deed,
 may my living bring you glory.

Refrain -

May I weep with those who weep,
 share the joy of sister, brother.
In the welcome of Christ,
 may we welcome one another.

Refrain -

Prayer of Confession

Creator and Companion,

**You formed us to be partners in creation,
 but we prefer another way.**

We manage the world without your guidance.

**We satisfy our own desires
 without counting the cost to others,
 or to the earth itself.**

Lord, have mercy on us.

Assurance of Pardon

The Apostle Paul declared our hope, asking the question:
 “Who is in a position to condemn?”

“Only Christ – and
 Christ died for us;
 Christ rose for us;
 Christ reigns in power for us;
 Christ prays for us.”

Trust this Good News.

We are forgiven and set free by God's generous grace.

Scripture Genesis 2:15-17; 3:1-7
 Psalm 32 (VU759)
 Matthew 4:1-11

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden, 17 but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden, but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.' " But the serpent said to the woman, "You will not die, for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food and that it was a delight to the eyes and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made loincloths for themselves.

Psalm 32 (VU759)

Refrain -

Be glad in God you righteous.

Rejoice, O saints, rejoice.

Blessed are those whose offences are forgiven,
whose sin has been put away.

**Blessed are those to whom God imputes no guilt,
and in whose spirit there is no deceit.**

Refrain -

Be glad in God you righteous.

Rejoice, O saints, rejoice.

When I kept silence, my body wasted away,
while I groaned all the day long.

**For your hand was heavy upon me day and night;
my strength dried up as in a summer drought.**

Then I acknowledged my sin to you, my guilt I did not hide.

**I said: "I will confess my sins to God";
and you forgave the guilt of my sin.**

Therefore let all the faithful pray to you in time of trouble;
when great floodwater rises, it shall not come near them.

You are a hiding place for me,
you will preserve me from trouble;
you will surround me with shouts of deliverance.

Refrain -

Be glad in God you righteous.

Rejoice, O saints, rejoice.

I will teach you, and guide you in the way you should go.

I will keep you under my eye and instruct you.

Be not like a horse or mule, without understanding,
whose course must be checked with bit and bridle.

Many pains are in store for the wicked,
**but whoever trusts in God,
is surrounded by steadfast love.**

*Refrain -
Be glad in God you righteous.
Rejoice, O saints, rejoice.*

Matthew 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tested by the devil. He fasted forty days and forty nights, and afterward he was famished. The tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written,

‘One does not live by bread alone,
but by every word that comes from the mouth of God.’ ”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down, for it is written,

‘He will command his angels concerning you,’
and ‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’ ”

Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’ ”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory, and he said to him, “All these I will give you, if you will fall down and worship me.” Then Jesus said to him, “Away with you, Satan! for it is written,

‘Worship the Lord your God,
and serve only him.’ ”

Then the devil left him, and suddenly angels came and waited on him.

Meditation MV 144 "Like A Healing Stream" (Teddy and the choir)

Reflection Fishing Tip Six
 Pay it Forward

Hymn 623 "Dear Weaver of Our Lives' Design"

Dear weaver of our lives' design
 whose patterns all obey,
With skillful fingers gently guide
 the sturdy threads that will survive
The tangle of our days.

Take up the fabric of our lives
 with hands that gently hold;
Bind in the ragged edge that care
 would sunder and that pain would tear,
And mend our ravelling souls.

Let eyes that in the plainest cloth
 a hidden beauty see
Discern in us our richest hues,

show us the patterns we may use
To set our spirits free.

Invitation to the Offering

God has given us so many gifts in Christ and in creation.

We offer our gifts in gratitude for the possibilities we enjoy, trusting God to multiply what we bring for goodness' sake.

Offering Options

- E-transfers to secretary@trinityunitedsf.ca
- delivery to church office
- through Trinity website DONATE button
- PAR

Offering Prayer

Lord God, we offer our gifts in thanksgiving for all the goodness you provide. Bless our gifts and our lives so that we may be a source of goodness for others, in the name of Christ, our strength and our hope.
Amen

Hymn MV 154 "Deep in Our Hearts"

Deep in our hearts there is a common vision;
Deep in our hearts there is a common song;
Deep in our hearts there is a common story,
Telling Creation that we are one.

Deep in our hearts there is a common purpose;
Deep in our hearts there is a common goal,
Deep in our hearts there is a sacred message,
Justice and peace in harmony.

Deep in our hearts there is a common longing;
Deep in our hearts there is a common theme;
Deep in our hearts there is a common current,
Flowing to freedom like a stream.

Deep in our hearts there is a common vision;
Deep in our hearts there is a common song;
Deep in our hearts there is a common story,
Telling Creation that we are one.

Prayers of the People

God of all life and each life,

We offer you thanks for all the ways we meet you in our daily lives:
in a word of encouragement,
an insight into truth,
an answer to prayer.

Thank you for a breath of calm in the midst of stress,
and an offer of support when we need it.

Thank you for a sense of accomplishment that our work matters
and moments of rest and relaxation to renew us.

Thank you for all these signs that you love us,
understand us and walk with us, Loving God.

Our gratitude for your love reminds us of the need for your mercy in
the world.

And so in times of silence we pray for -

The world and the people and places in the news this week

Leaders facing difficult decisions and balancing different needs in complex situations -

Your church and congregations facing new challenges and opportunities for mission -

Our work places and our community facing many needs and pressures -

Our family, friends and neighbours, especially those facing hard choices these days -

And for ourselves, offering to you our own concerns -

Thank you for your grace that embraces all for whom we pray, O God.

In the week ahead, help us notice your hand at work in our lives and in this troubled world.

We offer our prayers in the name of Jesus Christ, our Lord, who taught us to pray together -

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;

thy kingdom come;

thy will be done;
on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation;
 but deliver us from evil.

For thine is the kingdom,
 the power and the glory,
 for ever and ever. **Amen.**

EOORC Prayer Cycle

Navan-Vars Pastoral Charge
Navan-Vars United Church

Ecumenical Prayer Cycle

Belgium, Luxembourg, Netherlands

We Depart to Serve in Peace and with Love

Time for the Young

Children's Hymn

Hymn 409 "Morning Has Broken"

Morning has broken like the first morning,
 blackbird has spoken like the first bird.
Praise for the singing! Praise for the morning!
 Praise for them, springing fresh from the Word!

Sweet the rain's new fall sunlit from heaven,
 like the first dewfall on the first grass.
Praise for the sweetness of the wet garden,
 sprung in completeness where God's feet pass.

Ours is the sunlight! Ours is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning,
God's recreation of the new day!

Benediction

As we begin our journey through the season of Lent, remember the words of the prophet Micah:

What does the Lord require of us? To do justice, love kindness
and walk humbly with our God.

May God's loving kindness comfort you,
God's justice inspire you,
And Jesus walk beside you in humility and hope.

Choral Amen

Postlude "Andante Largo" (Stanley)

Recurring Events and Activities at Trinity

Every Monday, 1:00pm	Book Group
First Monday, 9:30am	UCW
Fourth Monday, 9:30am	Property Team / Church Hall
Every Tuesday, All Day	Pastoral Visitation
First Tuesday, 1:00pm - 3:00pm	Retirement Residences
First Tuesday, 7:00pm	Outreach and Social Justice
Third Tuesday, 9:30am	Stewardship & Finance Team / Upper Room
Third Tuesday, 6:00pm	Potluck and Praise
Every Wednesday, 10:00am	Bible Study / Seasonal Study
Second Wednesday, 12:30pm	Healing Pathway
Second Wednesday, 7:00pm	Spiritual Leadership Meeting
Fourth Wednesday, 12:30pm	Healing Pathway
Last Wednesday, 7:00pm	Council
Second Friday, 6:00pm	Rainbow 101
Every Sunday, 8:30am (Except Second Sunday)	Choir Practice
Every Sunday, 11:30am	Soaking Prayer
Second Sunday, 8:30am	Early Communion
Second Sunday, 9:00am	Choir Practice
Second Sunday, 10:30am	Sunday School
Last Sunday, 10:30am	Sunday School
Last Sunday, 1:00pm	Lanark Drum Circle

